



Awareness, Information and Support about child and adult heart disease, other diagnoses, loss and bereavement.

- ★ Space to listen and talk
- ★ Opportunities to write and share your experiences
- ★ Books and Information leaflets for adults, children and young people
- ★ Story and memory craft packs

We next meet on Wednesday
23rd June, 28th July, 25th August
and 22nd September 2010
from 7.00 pm to 8.45 pm
In the old Larkspur building
Lark Rise, Langley Green
Crawley
RH11 7QG



For more information please contact 07832 245014
or email admin@understandingdifferences.org.uk



"We believe that Raising Awareness and Offering Information about Any Diagnosis, Loss or Bereavement under 'one umbrella' that is accessible to all, will create support for affected families"

We offer a variety of resources about child and adult heart disease suitable for adults, children and young people because...

- Congenital Heart Disease (CHD) is the most common birth defect in the UK which is a leading cause of birth-defect related deaths
- Around 5,000 babies are born every year with a heart defect (1 in every 133)
- Around 1000 will develop a serious heart problem after birth (CHF NOV09)
- Some heart defects can be corrected, whilst others can only be offered palliative surgery or care
- Unlike some conditions, you cannot normally see a form of CHD unless you know the signs which could be fatal
- Families can be faced with dangerous open heart surgery and unknown life
- Cardiovascular disease refers to all diseases that affect the heart and circulatory system in adults. It's the most common cause of death in the UK. (BHFwebsiteNov09)

To increase awareness, gather information or seek support about the massive effects of any heart disease, why not come to our Drop-In (PTO)... In addition to our resources, we are here to offer encouragement, meet individual needs and offer support in breaking difficult news to others-especially children and young people.

admin@understandingdifferences.org.uk Kathy Jones, Inma Ferre Torro, Nicola Preston-Bell & Donna Nevill